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When a request is received from a home economist in a developing country, IHES carries out its purposes by

- Providing technical assistance,
- Using a team approach to plan and implement programs in the targeted country,
- Linking up with other organizations that share a similar mission,
- Supporting professional development and networking, and
- Providing support to professionals for their continuing education and professional growth.

IHES
PO Box 290183
Tampa, FL 33687
USA

For information, donations or requests for proposal applications, contact the above address or email the President, Juanita Mendenhall at <juanitam@usit.net>

*Join the effort -
Send a donation*

International Home Economics Services, Inc.



Board Members October 2010

*Home Economists join hands to serve
families worldwide*

INTERNATIONAL HOME ECONOMICS SERVICES, INC.

(IHES) is a non-profit organization, which works to strengthen home economics professionals and programming in developing countries. It is governed by a Board of Trustees, that is committed to the development and welfare of families and whose members have a rich background of experiences in international work. The board serves with no compensation and makes continuing contributions to IHES programs.

PURPOSES

By responding to requests for help, IHES seeks to:

- Strengthen or develop formal and non-formal home economics programs focused on family life in less developed countries,
- Disseminate knowledge and skills in home economics to enhance the social, economic, cognitive, emotional and physical well-being of individuals and families, and
- Enable women to fully participate in the development process of their countries and their professional associations.

PROJECTS AND ACTIVITIES

All requests for assistance must be accompanied by a written proposal. Priority is given to individuals or organizations that have access to few external resources either because of their location, conditions in the country or level of organizational development.

RECENT PROJECTS:

Supported the training through a women's network project in **Novgorod, Russia** which helps female farmers improve production, management and marketing of products and services.

Helped professionals from **South America** and the **Caribbean** participate in a Regional Conference on eradicating poverty sponsored by the International Federation for Home Economics

Facilitated a "train the trainer" workshop on entrepreneurial education for **Caribbean** home economists.

Provided training for Home Economics Extension personnel in **Liberia**. IHES continues to send supplies for canning and crafts; collects textbooks for University classes; supported attendance for a home economist at AAFCS; and maintains contact for moral support in a very trying situation.

Supported the 5-month vocational training course for "at risk" girls in the northern mountainous area of **Thailand**.

Provided partial financial support for professionals attending the IFHE Congress in **Kyoto** in 2004 and supported 10 professionals to attend the Jubilee Congress in **Lucerne** in 2008.

Sent scissors confiscated at the Atlanta Airport to **India, Liberia and other countries** for use in women's income generating projects. Scissors and thread sent to **Mongolia** assisted the newly created Mongolian Quilting Center.

Provided training to develop job skills in selected **South African** students who would not be able to continue in school. An IHES volunteer also introduced 4-H programming for girls in So Africa

Grants have helped students and members of the **Caribbean** Association of Home Economics (CAHE) to participate in a variety of conferences such as the International Federation for Home Economics (IFHE) or the American Association of Family and Consumer Sciences (AAFCS).



IHES supports its programs through a combination of:

- Monetary contributions raised through grants and direct mailings,
- Prudent management of funds,
- Contributions of the time and expertise of volunteers.

You can help by:

Making a financial contribution. Monies can be designated for a specific program or left to the discretion of the Board.

Volunteering your time and expertise to assist IHES with its projects.

Encouraging home economists in developing countries to request assistance from IHES.

Sending comments and suggestions about programs needed to assist home economists in developing countries.

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