

IFHE-US CONNECTION

A Newsletter for Members of the International Federation for Home Economics in the USA

Volume 12

Issue 1

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A Message from the President

Mary Warnock

WOW! What a winter! The two inches of ice followed by 22 inches of snow shut down the Northwest Arkansas Regional Airport and everything else in the area. In the end, after three days of trying to reschedule domestic and international flights to attend the 2011 IFHE Leadership meeting in Mainz, Germany, I had to cancel all travel plans. I apologize to each of you for my lack of participation, but information will be shared by Joanne Pearson and Mary Gilliland. See their respective articles within this newsletter. Information related to this meeting still remains on the IFHE.org web site. Do check it out!

Membership dues have been a topic of interest since the last IFHE-US Board and Business meetings held in Cleveland, OH. Presently, dues are \$85.00 (US), made payable to IFHE-US, and sent to Martha Dallmeyer, Treasurer. Her mailing address is 6121 North Jayar Drive, Peoria, IL 61614. As a reminder, the membership is to pay dues through the IFHE-US Treasurer, not AAFCS. This topic will be on the 2011 IFHE-US Board and Business meetings to be held in Phoenix, AZ during June.

By way of notification, the proposals submitted to AAFCS to hold the IFHE-US Board and Business meetings in conjunction with the AAFCS Annual Conference were approved. Please check the AAFCS.org web site for "Program-at-a-Glance" information. These meetings have been listed. Meeting and hotel registrations also have been posted. Let me take this opportunity to extend a personal invitation to each of you to attend these meetings plus the Cultural Event. Sharon McManus has orga-

nized an extraordinary event and you do not want to miss it. See information within this newsletter concerning the event and how to register. It is going to be FANTASTIC!

Last summer at the IFHE-US Board and Business meetings in Cleveland, OH, Juanita Mendenhall initiated the concept of assisting home economists "around the world" who are/will be affected by natural disasters. This topic was discussed at the IFHE Council meeting held in Sligo, Ireland during July 2010. Information concerning this topic will be presented at the AAFCS Annual Conference in Phoenix, AZ. Check the AAFCS.org web site as well as the article in this newsletter for more information.

Items of interest:

- International Journal of Home Economics is an e-journal accessed in the members only section of the IFHE.org web site. I encourage you to submit research articles for review. Donna Pendergast is the editor and her e-mail is d.pendergast@uq.edu.au.
- March 21, 2011 is World Home Economics Day.
- 5th International Consumer Sciences research Conference will be held July 18-20, 2011 in Bonn, Germany.
- IFHE-US officer elections will be needed during 2011 or early 2012. Helen Brittin is Chair of the Nominating Committee. For the present, the positions of Recorder and President will need to be filled. Stay tuned for more information.

More items of interest are highlighted in the newsletter. Take time to read and then make plans to join us in Phoenix, AZ. Hope to see you there!!

Report from IFHE 2011 Annual Meeting in Mainz, Germany

By Mary Turner Gilliland: Chair-Textiles & Design Programme Committee

The IFHE Textiles & Design Committee met during the Annual Meeting to discuss our juried Textile Exhibit for Congress 2012 in Melbourne, Australia. Information about the exhibit is available on the Public Side of the IFHE website <http://www.ifhe.org>, as the Congress Coordinating Committee has requested that this exhibit be open to everyone, not just to IFHE members. Submissions must be made through the Congress website www.ifhe2012.org between 1 March and 1 September 2011. Those whose textile pieces are accepted for the exhibit will be notified after 1 December 2011. All crafters must bring their pieces, if selected for exhibition, to Melbourne; no proxies can be accepted. For further information, contact Mary Turner Gilliland at mltg@aol.com.

DEADLINE FOR THE FALL NEWSLETTER: FRIDAY, SEPTMEBER 30, 2011

Please submit articles on time, to Pamela Kirkley (pamela.kirkley@nicholls.edu), as late entries affect our ability to get materials organized and printed. Be sure you indicate IFHE Newsletter Fall 2011 in your subject heading.

A New Opportunity Underway!

“Partnerships for Home Economics Disaster Assistance for Developing Countries”

More than fifty FCS professionals have attended initial meetings or expressed interest in a worldwide preparedness effort initiated by the International Home Economics Services (IHES) to rebuild home economics programs, which may be disrupted by or destroyed in a disaster. Prototype efforts provided materials to Antigua and Grenada after recent disasters. Meetings were held at AAFCS in June 2010 and at the International Federation of Home Economics (IFHE) Council in Sligo, Ireland in July 2010 to explore and gain interest and ideas. The goal is to establish a partnership of organizations WORLDWIDE with the objective of assisting with the rebuilding of devastated programs that enables their educational efforts to resume after disasters. Organizations indicating cooperation include AAFCS, the Global Perspectives Community, The Caribbean Association of Home Economics (CAHE), IFHE worldwide, and IFHE-US.

Efforts are underway to identify additional partners and professional contacts around the world, determine the process for delivering assistance, and to develop a worldwide plan, likely organized around the Regions of IFHE. This is a great opportunity for international involvement by taking action with local efforts whether a project for a classroom, one's community, or any group of our professionals.

Call for Sales Items at Convention

Last year we initiated a product sales table effort at Convention that was very successful, not only in building our “Partnerships” operating fund but in spreading the word about International opportunities. We will repeat the effort this year in Arizona. That's where you come in. Everyone is invited to make or donate small items that will be sold from our table at AAFCS. This is a great way to raise money for “Partnerships” and spread our visibility. Items will need to be brought to the sales table, but could be sent with someone else if you are unable to attend. (Think student project, perhaps!) More information will be provided closer to convention.

Requests for more information or expressions of interest to participate should be made to Juanita Mendenhall, IHES President, at juanitam@usit.net or 803-337-4012.

International Home Economics Services (IHES) Project Proposal Requests

The International Home Economics Services, Inc. (IHES) is a small, not-for-profit, non-governmental organization (made up) of home economists in the USA and funded by individual contributions of home economists and others interested in the program. IHES was created to support home economists in developing countries to improve the quality of life of families worldwide. The by-laws state the purpose as... to strengthen formal and non-formal home economics programs in less developed countries or help develop programs in countries that have few or no programs focused on improving individual and family life.

The resources available from IHES are limited, but small amounts of money and/or technical assistance can

often provide a significant boost to local efforts. Resources available are used to expand the capacities of programs in developing countries--i.e. support participation in professional development opportunities, introduce new programs or programming techniques, encourage the development of materials that are based on local needs and conditions, support the training of teachers or local leaders and expand existing programs to new settings or underserved audiences.

Programs of three types are supported.

1. Partial support to cover the costs to send a volunteer professional to assist in local program development or training. IHES provides transport for the volunteer; host institutions usually cover local costs.
2. Small grants to home economists and their associated institutions and organizations in developing countries to support projects in home economics-type programming. (Grants are usually in the range of U.S.\$200-U.S.\$2000 per request. The host organization needs to be able to receive, manage and be accountable for the use of international fund transfers. An individual or small organization can work with a larger Ministry, University or NGO to receive and manage international funds.)
3. Assistance with transportation or registration costs for home economics professionals from developing countries to attend a training program or participate in an International Federation for Home Economics (IFHE) event.

Expenditures of IHES resources must be associated with a written request from a home economist or organization in a developing country setting. Requests can be received at any time. Priority will be given to individuals and organizations (1). who have access to few external resources either because of their location, conditions in the country, or level of organizational development and (2). whose request will make a lasting change in the capacity to serve families.

Proposals will be reviewed by a panel of three board members (appointed by the IHES President) periodically throughout the year. If additional information is needed, contact will be made with the person submitting the proposal prior to the review. Written reports, including an evaluation of the project and an itemized list of fund expenditures are to be sent to IHES at the end of the project period.

Send proposals at any time to:
IHES Inc.
P.O. Box 290183
2780 East Fowler Ave.
Tampa, FL 33687 USA

Questions to: Juanita Mendenhall, President, IHES:
juanitam@usit.net or 803-337-4012

A new application form for IHES Project Proposals is available either from the President at juanitam@usit.net or the Treasurer, Mary Keith at: mkeith@ufl.edu

Report from IFHE Leadership Meeting 2011 Symposium; 5 February 2011 in Mainz, Germany

Topic: “Ageing-Changes and Challenges in Society and Households”

The first speaker was Prof. Dr. Frieder R. Lang, of the University of Erlangen-Nürnberg (Germany). His presentation discussed behavioral strategies for adaptive use of resources in old age. Life expectancy is increasing 3 months per year for women, 2 months per year for men. He noted that 2000 Japanese people are now aged more than 110 years. Social contact protects against dementia, and a positive attitude toward ageing makes for better survival: exercise (in early life), training (in midlife), and learning (in late life) contribute to longevity.

The second speaker was Dr. Cornelia Pfau, of the Max Rubner-Institut; Federal Research Institute of Nutrition and Food (Karlsruhe, Germany). Her topic was “Food in Later Life.” Research (in Europe) shows that neighborhood WALKABLE shops are important to both independence and better nutrition; older people want to be able to navigate to and through grocery stores. (We Americans thought about our suburban living arrangements, where one must have a car to even get to shopping sites. European cities are more centralized and public transportation is much better.) Dr Pfau also stressed that preparation and cooking methods must be simplified for older people, if they are to have nutritious meals. They don't want time-consuming recipes, and the activity of cooking tires them.

After the two presentations, we broke into four “Workshop” groups: 1) “Social Settings and Services,” 2) “Institutional Households,” 3) “Food, Nutrition, and Health,” and 4) “Elderly People as Consumers.” The four groups reported back as follows: #1 felt that Home Economics must be a champion for ageing through Life Management, and that we need a Programme Committee on the subject. #2 reported that most elderly people prefer to live in their own homes, not in institutions, but that paying for services can be difficult for them. #3 felt that people must develop a positive lifestyle early in life, and that cross-cultural studies must be done to distinguish needs. #4 advocated for universal design, to make daily living easier without calling attention to being “different.”

In conclusion, the entire group decided that Home Economics worldwide should focus on the ageing population. We must train caregivers, teach the elderly how to care for themselves, and advocate for government assistance to this ever-increasing segment of the population.

IFHE Up-Date

Joanne Pearson, VP Region of Americas

The time is quickly approaching until the IFHE 2012 World Congress to be held in Melbourne, Australia Monday July 16, - Saturday July 21, 2012. The theme of the Congress is Global creativity and innovation: Developing capacities for sustainable futures. The Call for Abstracts is now up and running on the IFHE Congress webpage (www.ifhe2012.org). This is the first time that the submission of all abstracts will be made electronically. For people who do not have a computer, go to your local library where you will likely find a computer with internet access and a staff person who will be able to assist you.

Submission deadlines are June 1, 2011 for abstracts where a full paper will be submitted for refereeing if the abstract is accepted, September 1, 2011 for all other abstracts and for submission of full papers to be refereed, and December 15, 2011 will be the date by which all notifications of acceptance for all Congress presentations will be made. ALL proposals for presentations and exhibits require submission of an abstract. A broader spectrum of presentation types will be possible at this Congress than in the past. Not only will there be oral and poster-format presentations and workshops, but there will be exhibits, symposiums, panel discussions, roundtables, and international collaborations. Please read carefully all the guidelines that accompany the Call for Abstracts before you decide which type of presentation format you wish to select and the specific guidelines that accompany some of the formats. An individual may only submit two abstracts as lead author.

At the recent IFHE Annual Leadership Meeting held in Mainz, Germany one session was specifically for the national liaisons from around the world. Because Mary Warnock, the IFHE-US Liaison was not able to attend at the last minute due to extreme weather conditions in the Midwest, I was able to attend the session in her absence. Key items of interest included the following:

- All IFHE members are encouraged to log onto the member side of the IFHE webpage to have access to the IFHE Newsletter, the e-Journal (IJHE), historic documents, home economics publications, reports of Region of Americas business meetings at Councils, Congresses, and Annual Leadership Meetings, and many more items. If you have not previously logged onto the member side of the IFHE webpage and do not know what email address is on record for you in the IFHE member database or your password, contact the IFHE office at office@ifhe.org and they will provide that information to you. It is important to keep your membership current, paying by the end of March each year if possible. When your membership has lapsed for more than several months you will no longer be able to access the member side of the webpage.
- Members are also encouraged to access the member database at www.ifhe.org/ifhem. You can update your information when there are any changes and fill in as many types of information for yourself as possible. You can then use this information as a way to network with other professionals in the database using the many sorting techniques that are available. A tutorial is available on how to use the member database. If you have questions contact Mary Warnock (mwarnock@uark.edu) or Joanne Pearson (pearsojm@jmu.edu).

- There is a new MEMBER IFHE logo that is available to organizational members of IFHE. The contact person for the organization should send an email to the IFHE office if you would like to use this logo in any of your activities. Regions and national organizations, ie. IFHE-US for the United States, can continue to use the regular IFHE logo. Individual members of IFHE, however, cannot use either of the IFHE logos.
- Individuals and organizations are encouraged to make presentations of the IFHE history book (100 Years of the International Federation for Home Economics) to state and university libraries, possibly made in the name of a person you wish to honor. As many as three books can be mailed from the IFHE office for the same shipping cost as one book. Please let the IFHE office know which libraries in the US now have a copy of the history book.

Time was also available at the Leadership Meeting for regional business meetings. All four of the sub regions within the Region of Americas were represented at the

meeting this year. Some of the items discussed included the following:

- Shirley Jones from Canada presented some of the early plans for Council 2014 to be held in London, Ontario, Canada. Plans are to have all sessions in one air conditioned building. Rather than having a gala dinner it will include a barbecue which is more in keeping with local custom.
- Kayla Stanton from North Carolina has agreed to be the new YPN representative from the Region of Americas on the YPN coordinating council. There will also be sub-regional representatives including Maxine Hills for the Caribbean, Jacquelyn Warnock from USA, and still to be named YPN reps from Canada and South America.
- The Brazilian Home Economics Association Conference will be held in Recife, Brazil September 14-19, 2011. There will be several people from the US who will be participating in the meeting. A website for the meeting will be available soon.

A report from the United Nations, March 2011

THE UN COMMISSION ON THE STATUS OF WOMEN

The UN Commission on the Status of Women (CSW) met recently in New York. Important issues concerning women were on the agenda. One of the most important announcements was the introduction of the new organization, UN Women, headed by Michelle Bachelet, the former president of Chile. Also discussed was the progress in reaching the Millennium Goals related to girls. Excerpts from a statement from a US Ambassador to the CSW are also included.

UN WOMEN

Four organizations within the UN system have been merged together to form "UN Women". This new organization brings together all the resources and mandates related to women building on those parts of the UN which focused on gender equality and women's empowerment including:

- Division on the Advancement of Women (DAW)
- International Research and Training Institute for the Advancement of Women (INSTRAW)
- Office of Special Advisor on Gender Issues and Advancement of Women
- United Nations Development Fund for Women (UNIFEM)

IFHE members (and AAFCS members) recognize that women are the linchpins in keeping families, communities and nations together. Non-Governmental Organizations (NGOs) such as ours support social and educational programs for women to strengthen their role in society. We are pleased to remain part of those NGO committees which support and work with the UN on women's issues. From a report submitted by Candy Miller, AAFCS NGO

EDUCATION FOR WOMEN

Education is the single most effective development investment that can be made and is a key driver of economic growth and social programs.

Since 2000, the world has committed to the Millennium Development Goals. As a result of Goal 2: Achievement of universal primary education, millions more boys and girls are now attending and completing primary school. Today, almost two-thirds of developing countries have met the goal of eliminating gender disparity in primary education.

However, considerable gaps remain, particularly for girls. According to a report monitoring the progress, 72 million children are out of school and 54% of those unschooled, are girls.

In addition, significant barriers impede girls' access to education at both the primary and secondary levels. These barriers are much less likely than for boys so they are able to transition from primary to secondary education. The consequences of disparity can follow girls for a lifetime. Of the nearly 759 illiterate adults, two-thirds are women.

Girls' education is valuable because it yields a high rate of return in the developing world. In particular, girls' secondary education leads to positive community outcomes from delayed marriage and childbirth, to healthier families.

The entire speech has a great deal more valuable information. It was provided by Eileen Labiner, IFHE NGO. Submitted by Ruth Norman, IFHE-US/AAFCS UN Liaison

Survey of Family Consumer Science/Home Economics International Service/American Peace Corps, 2011

Dear Colleague,

Help us celebrate the 50th anniversary of the American Peace Corps in 2011 by highlighting the contributions of the Family Consumer Sciences/Home Economics to international development! The first step is to identify those from our profession who have served in the Peace Corps...thus, this communication to you. A second step is to share this list and keep expanding on it to include others who have worked abroad in the field. And finally the American Association of Family Consumer Sciences "Global Perspectives" community and International Federation for Home Economics-US are sponsoring a special session at the 102nd AAFCS Annual Conference and Expo in Phoenix AZ to highlight the various contributions of our profession to the Peace Corps and other international efforts. The dates for that conference are June 23-25, 2011. So if you, or someone you know has served or is serving in the Peace Corps or in another international capacity, please share

the following information:

1. Name, including name when in-service, country of service, years of service, any local languages used.
2. Mailing address, e-mail address, telephone (land line and cell)
3. Your educational background; degrees/institutions/majors
4. Title or assignment in the Peace Corps or other international organization, location of service and a general description of your work.

Comments about the following: Please write a narrative responding to these items, or any one item:

How is/was family consumer sciences/home economics viewed in that setting, key contributions to development, key successes.

How were you changed by the experience?

How has international service influenced your career/professional life/professional aspirations?

How has international service influenced your personal life, values/goals?

Most satisfying contributions of your work in-country and/or later as a result of the international experiences,

Have you returned to your host country/site or continued to interact with folks there? List key interactions.

How have you contributed to the third goal of the Peace Corps—to educate Americans about the world we live in? Explain.

If you have any written material/websites/blogs about your service, please share them with us.

Lastly, if you know of other RPCV's or people with significant international experience with FCS/HE training; please provide their names and any addresses available to you so that we may contact them...or send this communication to them directly! Send responses and additional comments to: mandrews@msu.edu or Mary P. Andrews, 1045 S. Diamond Rd, Mason, MI 48854 USA

2011 AAFCS Pre-conference Educational Event Sponsored by International Federation for Home Economics-US

IFHE-US Development Fund

Wednesday, June 22, 2011

6:00 PM – 9:30 PM

Bashas' Art Gallery

22402 S. Basha Road • Chandler, Arizona

Evening Tour – Native American Cultural Evening -- **\$55.00** –This awesome Native American evening includes viewing over 3,000 pieces of Contemporary Western American Art and Contemporary Native American Art, dinner, and a presentation titled "Indian Country 101" by Joe Hiller, PhD, Assistant Dean, American Indian Programs, University of Arizona, College of Agriculture and Life Sciences. Don't miss this event at Bashas'. All are welcome to attend and network with colleagues and friends. 2.25 PDUs approved. A portion of \$55 ticket is tax deductible. Bus transportation available from Wild Horse Pass Resort for additional \$10.00. To register for the Native American Cultural Evening, complete the form below and make your check payable to IFHE-US Development Fund. Day tours return in time to attend this event. Bus Departure: 6:00 PM Sheraton Wild Horse Pass. **Registration deadline: June 10**

Native American Cultural Evening

Bus Transportation Yes No

Check Number: _____

PDU Certificate Yes No

Amount Enclosed: _____

Vegetarian Meal Yes No

Name: _____

Name of additional participant: _____

Name of your Day Tour: _____

Please include address, e-mail, and phone in service through June 20, 2011.

Street Address: _____

City _____ State _____ Zip _____

Phone w/ area code: _____

E-mail: (print) _____

Send the completed form and check to the following address:

IFHE-US Development Fund

PO Box 2403

Holland, MI 49422-2403

If you have questions, please contact Sharon McManus at (616) 546-3394 or Svmcmanus@aol.com

Dedicated Generosity (\$500 or more)

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Supporters (\$26-50)

Marjorie Abel

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Beatrice H. Bagby

Nancy Ball

Geri Banko

Come and Join Us

Come to the Land Down Under

We will meet on the West Coast and fly to Australia together. We will have a couple of days in the coastal resort town of Cairns and take a day trip out to one of the world's most desired natural areas, The Great Barrier Reef. We will also fly into the interior to Ulara (Ayers Rock) to experience the wonder of this huge monolith rising up from the outback. We will hear the stories both fact and folklore of the Aboriginal's worship of the mountain. Sydney is next on our itinerary where we will have a backstage visit of the famous Sydney Opera House. Then on to Melbourne for the IFHE Congress.

For those who wish to continue their trip, we will fly to New Zealand where we will visit both the North and South Islands.

It is a great opportunity to discover the land downunder with a small group of friends and colleagues. We hope you can join us. – Janett Gibbs



Carolyn Barnhart

Betty Jean Brannan

JoAnn Brannan

Judith Breland

Anthony & Helen Brittin

Rita Burns

Beverly Card

Carol Chandler

Sue Couch

Anita Ferron

Michelle Gach

Janett Gibbs

Veda Gill

Roxie Godfrey

Karen Goebel

Rita Granger

Nancy Granovsky

Ginny Hall

Patricia Hetrick

Darlene Hicks

Alberta Hill

Peg Hoffman

Jacqueline Holland

Audrey Jones-Drayton

Irene Kalmer

Sharleen Kato

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Pamela Kirkley

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Marlene Lobberecht

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Mary Kaye Merwin

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Carol Miller

Mary Miller

Eunice Murphy

Darlene Neil

Debbie Nelson

Ruth Norman

Kathleen O'Rourke

Joanne Pearson

Mary Rector

June Reed

Beverly Rieck

Jeanne Schwass-Long

Donna Stortecky

Deborah Thomason

Marlene Vanta

Virginia B. Vincenti

Sue Walters

Mary Warnock

Caroline Wild

JoAn Wilson

Friends (\$25 or less)

Sharon Christie

Mary Covington

Douglas & Laura Fleming

Hazel Forsythe

Dennis & Kathy Ginther

Ramona Kellam

Yolanda Morado

Terry & Norma Scarlett

Carol Small

Ziggy & Barbara Wieclaw

Norman Witt

In-Kind Gifts

Ada Loewer

Macatawa Bank of Holland, MI

Duncan McCune

Sharon McManus

Shirley Vernon

2011 IFHE-US dues (\$85)

should be sent to:

Martha Dallmeyer, PhD, RD, LDN
FCS Department
Bradley University
Peoria, IL 61625
309-677-3737

IFHE-US Development Fund

Sharon McManus, Director

April 2011

Dear IFHE-US Member,

We continue to work toward our goal of \$112,000 in total assets before the IFHE World Congress XXII in Melbourne, Australia next year. We hope to support several grants at this Congress.

Your continued contributions and support of our 13th annual educational fund-raiser on Wednesday evening, June 22, 2011, at Bashas' Art Gallery in Chandler, AZ will help us reach this goal. A registration form for this event is included in this newsletter and is also available with tours on the AAFCS website. We hope that you plan to attend this festive Native American Cultural Evening and invite family or friends to attend with you.

Won't you consider becoming a member of the IFHE-US Global Legacy Society by listing the IFHE-US Development Fund in your trust or will? Please consult with your attorney and let us know if you have included us in your will or in another way.

Your commitment to the IFHE goals and your monetary gifts help us achieve our global mission. We thank you for your ongoing support.

With much appreciation,

Sharon V. McManus, Director

Committee Members: Talma Benavides (TX), Nancy C. Billings (AL), Carolyn Blount (WA), Mary Turner Gilliland (CA), Norma Maynard (St. Lucia), Gregg McCullough (OH), Marianne Calhoun McKeon (NY), Marguerite Scruggs (OK), Nancy St. John (VA)

IFHE-US Development Fund P. O. Box 2403 Holland, MI 49422-2403

Yes, I want to support the IFHE-US Development Fund. Enclosed is my contribution of:

\$25 \$50 \$100 \$250 \$500 Other \$ _____

Yes, I want to join the IFHE-US Global Legacy Society.

Please make checks payable to the *IFHE-US Development Fund*.

Name _____

Address _____

City _____ State _____ Zip Code _____